



Special Events

Can Harvey be named *Canada's Most Active Community*?

June 1 – 30, 2024

So many ways to get active and celebrate all that our community has to offer!

June 1 @ 8am: Community Challenge Kick-off Walk

Help us kick off the **community-wide** month-long event by participating in a community walk that will take you on a tour of our beautiful trails. Start at the Catharine Pendrel Lakeside Trail (parking behind Post Office).

June 5 @ 6:30pm: Baseball Field Grand Opening – Harvey High School

Come celebrate the opening of our new field! The name will be revealed, and representatives from the Jays Foundation will be onsite for the commemorative occasion. There will be stations for kids to practice skills and an exhibition game featuring some of the 2024 Harvey Hornets players will be held for the first official game on the new field.

June 8 @ 1pm: Bike Safety Rodeo - Harvey Elementary School

Join Lisa Williams of the RCMP for a refresher on bike safety. An obstacle course will be set up and all participants will be entered into a draw for prizes!

June 15 @ 1pm: Community Colour Run – Lake George Family Campground

Participate in a 1, 3 or 5 km walk/run where you'll be coated in colour on your race! Be sure to wear a white shirt that will show all the awesome colours.

June 22: Harvey Helps Relay Around Harvey

Each year, this event sees community members move their feet in a relay around the entire community – from the Big Fiddle to York Mills, out to Magaguadavic, Lake George and Prince William and then back around through Newmarket and finishing at Harvey Lake! 70+ km of movement to raise funds for *Harvey Helps*!

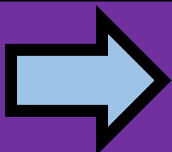
June 29-30 – 24-Hour Activity Marathon

Help us finish off the **community-wide** month-long event by participating in 24 consecutive hours of activity – tennis, volleyball, exercise classes, walks – you name, we're doing it! **Watch for the full schedule.**

Month Long: Activity Bingo Challenge

BINGO! Complete **1 line** by participating in the activities listed in each square and enter to win cash prizes! Extra lines = extra entries! **Watch for your bingo card in your mailbox.**

TRY ME!



If you've been looking for a new way to get active, now is your chance to try out one of these FREE activities. **Pre-registration required by e-mail to harveycommunitydays@gmail.com**

Intro to Strength Training	June 11 @ 6pm	Harvey Memorial Community Centre
Intro to HIIT	June 12 & 17 @ 6pm	Harvey Memorial Community Centre
Intro to Power Yoga	June 18 @ 6pm	Harvey Memorial Community Centre
Intro to Beginner Flow Yoga	June 23 @ 9am	Harvey Memorial Community Centre
Restorative Yoga	June 25 @ 7:30pm	mindfulBliss Studio (York Mills)
Intro to Pickleball	Wednesdays @ 8pm	Harvey Memorial Community Centre

Check out the ParticipACTION tab at www.harveycommunitydays.com for links to all schedules and documents.