

Name: _____

Phone/E-mail: _____

HARVEY RURAL COMMUNITY

ACTIVITY

BINGO CHALLENGE



Participate in listed activity and mark off the box (make sure to get it signed off by the lead)

Complete one line and you will be entered to win a gift certificate (extra lines = extra entries!) Drop off at the Harvey Health Centre by July 2.

Community Challenge Kick-off Walk (June 1)	Water Activity: Swimming / Kayaking / Canoeing	Seniors' Exercise Class (Monday/ Friday)	Walk / Hike/Run	Community Scavenger Hunt Walk (June 16-30)
Walk/Run from Lakeside Trail (Saturdays)	Soccer / Lacrosse / Track & Field	Dance/ Gymnastics	HIIT Class (Monday/ Wednesday)	"Try-It" Class (one of the options)
HIIT Class (Saturdays)	Basketball	Sign up as an individual www.participaction.com/programs/community-challenge/	Pickleball / Tennis/ Badminton	Walk/Run from Lakeside Trail (Tuesdays)
24-hour Activity Marathon (June 29-30)	Baseball Field Grand Opening (June 5)	Relay Around Harvey (June 22)	Bike Rodeo at HES (June 8)	Baseball
"Try-It" Class (one of the options)	"You Matter" Walk (June 13)	Yoga	Volleyball	Colour Run (June 15)